TOPS DINER ORDER PAD

Today's Date _____

☐1,200 Cal. ☐1,500 Cal. ☐1,800 Cal. ☐2,000 Cal. ☐2,200 Cal.

ORDER—BREAKFAST

Quantity	Food Item	Cost	
	Breakfast Total		
	ORDER—LUNCH		
	Lunch Total		
	ORDER—DINNER		
	Dinner Total		
	ORDER—SNACKS		
	Snacks Total		
	DAILY GRAND TOTAL		

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☐1,200 Cal. ☐1,500 Cal. ☐1,800 Cal. ☐2,000 Cal. ☐2,200 Cal.

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