This 13-week Road Trip contest was created to jibe with TOPS’ new 2011/2012 theme, “The Road to Success.” Each member receives the road map, across which to move their paper car if they’ve completed the week’s chapter assignment. Assignments are written on 13 slips of paper placed in a jar. One slip is drawn and read aloud each week, so everyone knows the focus for the upcoming week.

**Assignments**

- 3 slips marked “Lose weight—or KOPS need to be at or below goal (within leeway) or record a loss if over goal at prior weigh-in”
- 2 slips marked “Bring your menu for the week and give it to Weight Recorder”
- 2 slips marked “Stay for entire meeting”
- 2 slips marked “Contact a fellow member by phone”
- 2 slips marked “Walk/exercise at least three times”
- 2 slips marked “Bring a friend to the meeting”

All those reaching the STOP sign on their map receive a coupon for a free car wash. Other prize suggestions are: a Road to Success-theme TOPS award item [see TOPS Store online or the December 2010/January 2011 *TOPS News*, page 36], new road atlas, CD of music to play while driving in car, or a month’s chapter dues paid.

If chapter doesn’t want multiple winners, rules could state that the winning member will be the person recording the greatest net weight loss of all those who reach the STOP sign. KOPS could compete with each other in a separate contest. If no one reaches STOP after 13 weeks, the member closest to STOP wins, or chapter could put paper slips back in jar and continue until there is a winner.