



TAKE OFF POUNDS  
SENSIBLY

# TOPS Retreat Registration Form

Site: RockRidge Canyon  
Location: 2000 Willies Ranch Road, Princeton, BC  
Canada P0X 1W0  
Dates: April 3-7 (Friday-Tuesday)  
Website: <https://rockridgecanyon.com/>  
Retreat cost: \$597.00 (Canadian Funds)  
Enclosed is MONEY ORDER # or CHECK # \_\_\_\_\_

payable to TOPS Canadian Retreat

Please return a copy of this form within 2 weeks of receipt to confirm your registration to:

Pat Hanson 448 25<sup>th</sup> Avenue NE Calgary, Alberta T2E 1Y3

Please **PRINT** (one form may be used for two persons registering together)

**PLEASE COMPLETE ALL REQUIRED AREAS ON THE FORM AND SIGN AT THE BOTTOM**

#1: NAME \_\_\_\_\_ TOPS MEMBERSHIP # \_\_\_\_\_

PHONE ( ) - CELL ( ) - EMAIL \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE/PROVINCE \_\_\_\_\_ ZIP/POSTAL CODE \_\_\_\_\_

#2: NAME \_\_\_\_\_ TOPS MEMBERSHIP # \_\_\_\_\_

PHONE ( ) - CELL ( ) - EMAIL \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE/PROVINCE \_\_\_\_\_ ZIP/POSTAL CODE \_\_\_\_\_

### IN CASE OF EMERGENCY, CONTACT:

#1 \_\_\_\_\_ #2 \_\_\_\_\_

PHONE ( ) - CELL ( ) - PHONE ( ) - CELL ( ) -

Registered members must answer all questions below, initial, and sign where indicated or form will be returned. If needed, use back of this form to explain disability/special need/dietary need/allergies or any other issues.

Member	#1	#2	Member	#1	#2
Birthdate	Month: Day:	Month: Day:	Can you provide transportation for retreatants to/from the site?	Y or N	Y or N
Are you Male or Female?	M or F	M or F	Do you have a disability or special need?*	Y or N	Y or N
Are you Field Staff?	Y or N	Y or N	Do you need someone to assist with everyday tasks?*	Y or N	Y or N
Are you a KOPS?	Y or N	Y or N	Do you have special dietary needs or food allergies? *	Y or N	Y or N
Is this your 1 <sup>st</sup> retreat?	Y or N	Y or N	Can you walk two city blocks unassisted?	Y or N	Y or N
Can you climb stairs?*	Y or N	Y or N	First & last name of who you will room with:		
Do you smoke?	Y or N	Y or N			

**TOPS RETREAT RULES:** I understand that to provide the best experience possible for myself and all retreatants that I am bound by TOPS Retreat Rules. **My initials on each line below indicate that I have read and will abide by the rules.**

- #1 #2**
- \_\_\_ \_\_\_ I understand that if I am unable to walk two city blocks unassisted and/or if I cannot take care of my own personal needs and require help with basic tasks, then I must bring a "caregiver" who must register and pay for retreat in advance.
  - \_\_\_ \_\_\_ I understand that I must disclose any special need or disability on the back of this form and that the Retreat Directors will review it and advise me as to TOPS Club's ability to accommodate it.
  - \_\_\_ \_\_\_ I understand that I am not allowed to bring *any* outside food or drink unless I have received permission in advance.
  - \_\_\_ \_\_\_ I understand that a \$50.00 cancellation fee will be deducted from any refunds and that if the hosting facility requires a cancellation fee then that fee will also be deducted. I understand I will receive no refund if I am asked to leave retreat.
  - \_\_\_ \_\_\_ I understand that I am liable for my own medical expenses.
  - \_\_\_ \_\_\_ I understand that if I violate TOPS Retreat Rules by failing to bring a caregiver when needed or by bringing my own food without permission, or that if I otherwise violate the rules and guidelines as determined by the Retreat Directors in their sole discretion, that my participation in the retreat will be ended and I must leave the retreat.
  - \_\_\_ \_\_\_ I have read and understand the TOPS Retreat General Guidelines included in this application and will abide by and respect the guidelines, especially in regards to smoking, alcohol use, confidentiality, and outside contact.
  - \_\_\_ \_\_\_ I understand that **RockRidge Canyon, TOPS Club, Inc., and Terri Ord, Retreat Director**, are not liable for accidents, injury, or illness that may occur or for any loss of, or damage to, personal effects.

**I have read and initialed each rule above. I shall abide by all retreat rules as well as the TOPS Retreat General Guidelines.**

**#1 Signature** \_\_\_\_\_  
My Coordinator \_\_\_\_\_ My Chapter is TOPS \_\_\_\_\_

**#2 Signature** \_\_\_\_\_  
My Coordinator \_\_\_\_\_ My Chapter is TOPS \_\_\_\_\_